

Elder Law 101: Lessons for Life Planning

5 Workshops for Elders and their Families

Tuesdays at 6:15-7:30pm all on Zoom

<https://templemanuel.zoom.us/j/96105239239pwd=a2piYmkxMzhycFdWYnQwcWdLNHpoQT09>

Meeting ID: 961 0523 9239 PW: 385ward

**Grounded in real-life circumstances. Course taught by
elder-law attorney Don Freedman and care manager Audrey Zabin**

Fall 2020

"I don't want to think about it."

Tuesday, Oct 27th at 6:15pm

- Life Planning in Later Years - How Do We Begin?
- How Do I Manage if I am Alone: What do I do now and who will assist me later?
- Personal needs and preferences in considering alternative living and health care arrangements
- How am I going to pay for this? - Self-pay and uses and limits of Medicare, Medicare Advantage, Medi-gap insurance, subsidized housing, VA, long-term care insurance, asset protection, MassHealth, Medicaid Planning, the look-back, trusts, Medicaid annuities and estate recovery.

"I was so careful but now I'm COVID positive. What should I have done to be ready for this?"

Tuesday, Nov 17th at 6:15pm

- Getting your affairs in order: How outdated are your estate planning instruments? What is probate? Why you want to avoid it and how.
- Shaping decision-making for a time when you can't: trusts, durable powers of attorney, health care proxy, advance medical directive, health information privacy, the MOLST, DNR orders
- Oh no, going to the hospital alone. What should I have done to prepare?
- Family Transition issues. What role (if any) do we want our kids to start playing and when?

Don Freedman has practiced elder and disability law with Rosenberg, Freedman & Lee LLP in Newton for over forty years. He is a past board chair of the Alzheimer's Association of Massachusetts and a long-time member of Temple Emanuel where he is active with the Bereavement Committee, the Daily Minyan, the Inclusion Committee, and the Stars of David program for Jewish adults with special needs.



Audrey Zabin, M.Ed., LSW, CMC

is the founder of AZA Care Management and Home Care in Boston. She is a leader in the field of care management for elders and adult disabled for over 20 years. She has served on the Boards of Directors for both the national and local Aging Life Care Association (ALCA) Over the years she has consulted with several leading corporations and academic institutions regarding care management as it relates to care and quality of life. As a member of Temple Emanuel, Audrey runs a caregiver support group with a focus on care strategies to enhance quality of life.



Please contact Tracy Schneider to RSVP at tracys120@yahoo.com

*This series is co-presented by the TE Senior Fund, TE Adult Education Dept, and the Newton Senior Center,
and underwritten by **BENCHMARK.***



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Winter 2020 - 2021**

"I can't believe this is happening to us."

Tuesday, Dec 8th at 6:15pm

- Early stage Alzheimer's Disease: Legal and Financial Care Concerns
- The Special case of Younger-Onset Alzheimer's Disease

"Who will take care of my daughter after I am gone?"

with Guest Speaker: Joan Katz

Tuesday, Jan 19th at 6:15pm

- Planning for your adult special needs child.
- The concerns of aging parents who have been managing the needs of their adult child.
- Coordinating family estate plans with disability benefits.
- Understanding different trust instruments. Special needs trusts, pooled trusts, ABLE accounts - How do I choose?
- Your other children and family members - balancing needs, sharing burdens.

Joan Katz, MSW, LICSW, C-ASWCM worked for the Massachusetts Department of Developmental Disabilities for twenty five years holding clinical and management positions. For the past fifteen years she has worked as a private care manager with a specialization in services for seniors and adults with disabilities. She is an active member of Temple Emanuel and contributes to the Bereavement and Social Action committees.

"The rehab says my husband's Medicare coverage ends tomorrow, but he can't come home. Where do I start when there isn't time to plan."

Tuesday, Feb 23rd at 6:15pm

- What DOES Medicare cover?
- What are my options for care/services? How do I choose?

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